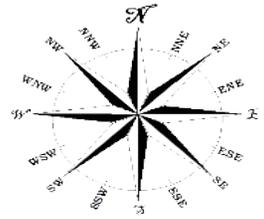


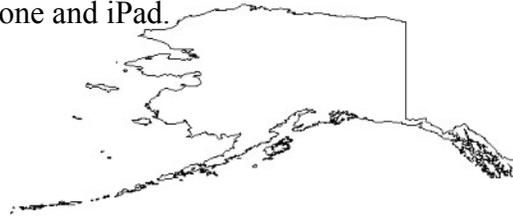
# United States Flash Cards



## Instructions

- 1) Cut out each card, but do **not** cut in between the picture of the region and its name (that's where you'll fold it over).
- 2) Fold each card over so that the name of the region and its capital are on the other side from the picture.
- 3) Tape or glue each flash card together.

These flash cards can be used to practice the names and capitals. This free handout for geography educational activities is brought to you by squishLogic. We develop educational games for the iPhone and iPad.



## JigsawGeo

Try our geography games for iOS (iPad, iPhone).  
Parents can load them on their mobile device for their children to practice geography – Use the QR code to bring you to the App Store.

Teachers get the USA map free if you use this in your class. Contact us for your promo code.  
[jigsawgeo@squishlogic.com](mailto:jigsawgeo@squishlogic.com)



JigsawGeo  
An iOS geography game



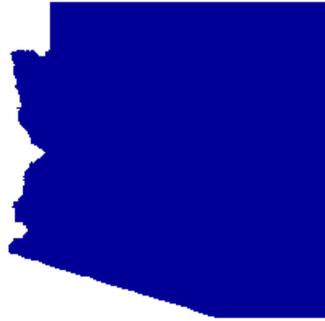
Little Rock

Arkansas



Phoenix

Arizona



Juneau

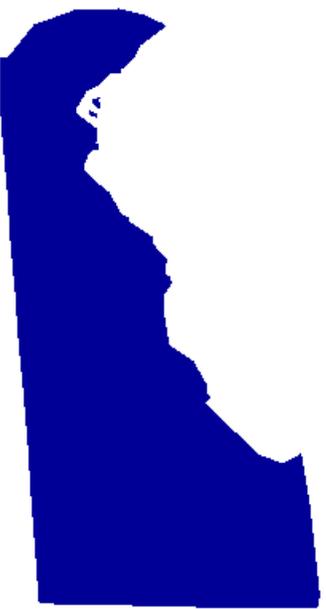
Alaska

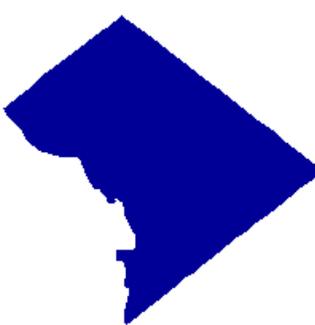


Montgomery

Alabama



<p>Sacramento</p> <p>California</p>	<p>Denver</p> <p>Colorado</p>	<p>Hartford</p> <p>Connecticut</p>	<p>Dover</p> <p>Delaware</p>
			

<p>District of Columbia</p> <p>District of Columbia</p>	<p>Tallahassee</p> <p>Florida</p>	<p>Atlanta</p> <p>Georgia</p>	<p>Honolulu</p> <p>Hawaii</p>
			

Des Moines

Iowa



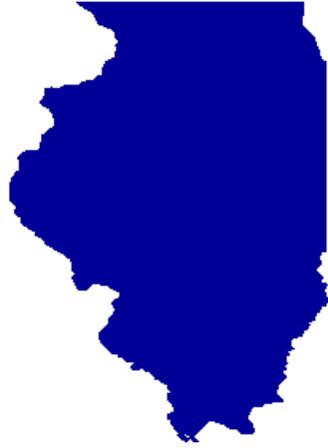
Indianapolis

Indiana



Springfield

Illinois



Boise

Idaho



Augusta

Maine



Baton Rouge

Louisiana



Frankfort

Kentucky



Topeka

Kansas



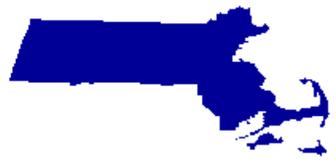
Annapolis

Maryland



Boston

Massachusetts



Lansing

Michigan



Saint Paul

Minnesota



Lincoln

Nebraska



Helena

Montana



Jefferson City

Missouri



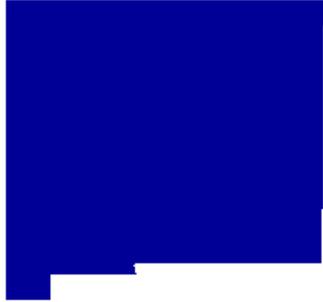
Jackson

Mississippi



Santa Fe

New Mexico



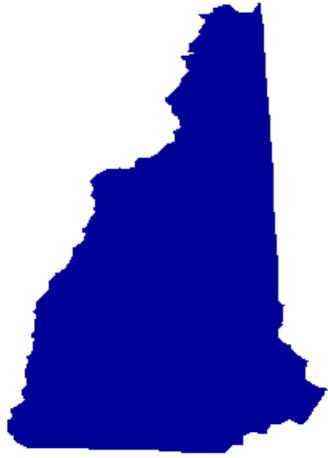
Trenton

New Jersey



Concord

New Hampshire



Carson City

Nevada



New York  
Albany



North Carolina  
Raleigh



North Dakota  
Bismarck



Ohio  
Columbus



Providence

Rhode Island



Harrisburg

Pennsylvania



Salem

Oregon



Oklahoma City

Oklahoma



Austin

Texas



Nashville

Tennessee



Pierre

South Dakota



Columbia

South Carolina



Olympia

Washington



Richmond

Virginia



Montpelier

Vermont



Salt Lake City

Utah

